



САНКТ-ПЕТЕРБУРГСКИЙ ГОСУДАРСТВЕННЫЙ
УНИВЕРСИТЕТ
ВЕТЕРИНАРНОЙ МЕДИЦИНЫ



INFORMATION LETTER

**MINISTRY OF AGRICULTURE
OF THE RUSSIAN FEDERATION**

**DEPARTMENT OF SCIENTIFIC, TECHNOLOGICAL
POLICY AND EDUCATION**

SAINT PETERSBURG STATE UNIVERSITY OF VETERINARY MEDICINE

**DEPARTMENT OF PHYSICAL EDUCATION AND
FUNDAMENTALS OF MILITARY TRAINING**

DEAR COLLEAGUES!

**We invite you to participate
on May 7, 2026**

**IN THE ALL-RUSSIAN SCIENTIFIC AND PRACTICAL CONFERENCE
WITH INTERNATIONAL PARTICIPATION
"CURRENT ISSUES OF HEALTH IMPROVEMENT, ADAPTIVE
PHYSICAL CULTURE AND SPORTS",**

**dedicated to the 81st anniversary of the Victory of the Soviet people over Nazi
Germany in the Great Patriotic War of 1941-1945.**

University faculty, researchers, postgraduates, master's students, students, employees of secondary and higher professional educational institutions, and members of university student sports clubs are invited to participate in the conference.

Objectives of the conference: to reveal the scientific and creative potential of young scientists, to assist in solving current problems of adaptive physical education, adaptive sports, health-improving and adaptive physical culture.

The Conference will be held in a multi-format "offline/online" mode using modern information technologies.

SCIENTIFIC AREAS OF THE CONFERENCE

1. Current state and prospects for the development of adaptive physical culture and sports in the Russian Federation.
2. The influence of adaptive motor activity on the body of persons with disabilities (PWD).
3. Health-improving technologies, disease prevention and formation of a healthy lifestyle.
4. Monitoring the functional state of persons with disabilities (PWD).
5. Directions of adaptive motor recreation in the formation of a healthy lifestyle for students with disabilities (PWD).

STAGES OF THE CONFERENCE

Stage 1. Acceptance of applications for participation in the conference – **until April 26, 2026.**

Stage 2. Acceptance of articles for publication in the conference proceedings – **until April 26, 2026.**

Articles for publication, videos, and presentations for the report must be sent to the email address: **Physical_education@spbguvvm.ru**

The file name includes the author's surname and section number.

Upon receipt of the article by the organizers, a notification of its acceptance for publication or refusal in case of non-compliance with the formatting requirements specified below will be sent to the email address from which it was sent.

Stage 3. Main event – **May 7, 2026**: speeches by speakers, round table, presentation of poster materials.

CONFERENCE SCHEDULE

Time	Event
9:30 – 10:00	Registration (St. Petersburg, Chernigovskaya str., 5, Conference Hall)
10:00 – 10:15	Official opening
10:15 – 12:30	Plenary session
12:30 – 13:00	Coffee break
13:00 – 15:45	Section sessions
15:00 – 17:00	GALA CONCERT “LET US BOW TO THOSE GREAT YEARS!”

8 SPECIAL ATTENTION!

The concert dedicated to the 81st anniversary of the Victory will be the key solemn chord of the conference. We invite all participants to share the atmosphere of memory, respect and gratitude to the generation of Victors.

SPEAKING TIME LIMITS

Plenary session report: 15 minutes

Section presentation: 5-7 minutes

Discussion remarks: up to 3 minutes

The presentation is prepared by the author(s) without specific formatting requirements and is structured according to the stages of the presentation:

1. Introduction (announcement of authors, presentation topic, a few introductory words on the topic).
2. Presentation of the main theses of the work.
3. Summing up the presentation.
4. Answers to questions (not included in the main presentation time).

RESEARCH COMPETITION & PUBLICATIONS

- All participants will receive an **electronic certificate**.
- A **competition for the best research work** (students, postgraduates, young scientists) will be held.
- An **electronic collection** of articles will be published and indexed in **RSCI**.
- **Publication is free** provided there are at least 5 references to publications of SPbGUVM staff in eLibrary.ru.
- **Text originality** – at least 65%.
- **Article length** – no more than 5 pages.
- **Number of co-authors** – up to 3; one author may submit no more than 3 works.

REQUIREMENTS FOR ARTICLE FORMATTING

Article structure:

1. **UDC** (upper left corner).
2. **Title** (capital letters, bold, centered, in Russian and English).
3. **Author information** (full name, academic degree, title – in Russian and English).
4. **Abstract** (2–5 lines, max 250 words, in Russian and English).
5. **Keywords** (3–15 words/phrases, in Russian and English).
6. Main text: **Introduction** → **Main part** → **Conclusions** → **References**.
7. **References** (according to GOST 7.0.5-2008).
8. **Author information** (italic, 12 pt, with e-mail and affiliation).

Technical requirements for article formatting

1. The volume of the manuscript, including abstract, illustrations, tables, and references, should not exceed 5 pages of typewritten text (A4).
2. Hyphenation is not recommended.
3. Document font – Times New Roman; font size – 14 pt. Line spacing – single; alignment – justified.
4. Margins: left, right, top, bottom – 2.0 cm.
5. The text in the Word document should not be highlighted with decorative elements like circles, squares, arrows, etc.
6. The article title, authors' names, section titles should be in bold.
7. Tables are formatted in Times New Roman, size 12 pt with center alignment, the table title is written above with left alignment (Table 1 – Results of joint mobility), line spacing is single, and their location in the text must be indicated by references, for example – Figure 1, Table

1. Each figure and table must have a number and a title. Illustrations (figures, graphs, diagrams) placed in the text are captioned below the figure in 12 pt font with center alignment.
8. Tables in the article text should be created in Word, not inserted as an image. It is desirable to format tables to the full width of the page.
9. Headings highlighted in the article text using CAPS LOCK are not recommended.
10. All formulas must be created using Microsoft Equation or Mathtype components.
11. All abbreviations, except for a small number of commonly used ones, must be explained (GOST R 7.0.7–2021).
12. References to cited literature are indicated in square brackets. In the reference list, sources are given in alphabetical order – first domestic, then foreign. The reference list is formatted according to GOST R 7.0.5 2008.
13. At the end of the article, after the reference list, information about the authors is formatted in italics, 12 pt: full name, academic degree, academic title (if any), position, e-mail, place of work (country, city, full name of the organization).

REVIEW AND ABSTRACT WORKS ARE NOT ACCEPTED FOR PUBLICATION.

Additional requirements:

1. The number of co-authors for each work should not exceed three.
2. One author can be the author (co-author) of no more than 3 works.

IMPORTANT!

The application form, article, and anti-plagiarism certificate must be sent in one email.

APPLICATION FOR PARTICIPATION

ALL-RUSSIAN SCIENTIFIC AND PRACTICAL CONFERENCE WITH INTERNATIONAL PARTICIPATION "CURRENT ISSUES OF HEALTH IMPROVEMENT, ADAPTIVE PHYSICAL CULTURE AND SPORTS"

1. Surname, first name, patronymic of the author(s) indicating the presenter for the oral report
2. Form of participation (in-person/correspondence)
3. Academic degree, title
4. Position
5. Organization
6. Address (country, postal code, city, street)
7. Phone (country code, city code)
8. E-mail
9. Article title
10. Conference area
11. Form of presentation (plenary, sectional report)
12. Required demonstration equipment

**We look forward to seeing you at the conference and invite you to the Gala
Concert!**